MINUTES OF THE BOARD August 15, 2019 North Country Community Mental Health 203 Cayuga St. Bellaire, MI 49615

BOARD MEMBERS PRESENT: Ed Ginop, Sr. Augusta Stratz,

Karla Sherman, Caroline Loper, Patty Cox, Michael

Newman, Ron Iseler, Christian Marcus, David White, Louis

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BOARD MEMBERS ABSENT: Robert Draves, Paul Liss, Robert Boyd, Dennis Priess

STAFF: Christine Gebhard, Kevin Hartley, Amy Christie, Lorraine

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GUESTS: None in attendance

Mr. Ginop called the meeting to order at 4:00 p.m.

ROLL CALL

Mr. Ginop welcomed Board members and staff to the meeting. It was noted that Robert Draves, Paul Liss, Robert Boyd, and Dennis Priess were unable to attend. Karla Sherman attended via phone.

PUBLIC COMMENT

There was no public comment, but Ms. Gebhard took the opportunity to introduce Kevin Hartley, NCCMH's new Chief Financial Officer. The board welcomed him.

CONSENT AGENDA

The consent agenda includes the agenda overview, minutes of the previous meeting and contracts signed in the past month.

Motion to accept the consent agenda as presented by Mr. Iseler, support by Sr. Stratz **MOTION CARRIED.**

COMMITTEE RECOMMENDATIONS - BOARD ACTION*

Program Committee

Mr. Iseler gave the program committee report on updated NCCMH policies reviewed at the committee meeting. Policies include; Abuse and Neglect, Confidentiality Use and Disclosure, Family Planning, Psychotropic Medications, Recipient Rights System, Religious Worship and Treatment by Spiritual Means, Resident Communication and Visitation, Resident Labor, Resident Right to Entertainment Info and News, Restraint and Seclusion and Physician Management, and Services Suited to Condition.

On behalf of the Program committee, Mr. Iseler made the motion recommending to adopt these updates as presented. Ms. Cox supported the motion. **MOTION CARRIED.**

Ms. Gebhard reported that the triennial MDHHS Office of Recipient Rights (ORR) Assessment was conducted August 6-8. She congratulated Kim Rappleyea, Recipient Rights Director and Brandy Marvin, Recipient Rights Specialist for their outstanding work, earning 178 points out of a possible 180; 99%. This is an unprecedented score. Ms. Gebhard also shared comments from the auditors who praised both Ms. Rappleyea and Ms. Marvin on their work and the NCCMH Recipient Rights System.

Finance Committee

The Finance Committee met today at 3:30 p.m. Mr. Richard Carpenter attended via Skype.

Mr. Marcus reported details of the Revenue and Expenditure Report, and Bills through July 31, 2019. Balance on June 30, 2019 was \$3,991,492.57. Receipts through July were \$6,982,356.33 (higher this month because a June payment was received in July); expenditures were \$4,417,925.75. Ending balance as of July 31 was \$6,555,923.15, reflecting the \$2,564,430.58 change.

Mr. Marcus explained the Interim Financial Statements through June 30, 2019 including the Statement of Net Position; Revenue by Funding Source; Expenditures by Line Item; and Statement of Cash Flows.

Medicaid (including Autism): North Country capitation payments for the month of June were \$31,504,962; expenditures were \$32,610,393, resulting in an OVER expenditure of \$1,105,431.

Healthy Michigan Plan: North Country capitation payments received for the period were \$2,580,963. Expenditures were \$2,473,414, resulting in an UNDER expenditure of \$107,549.

State General Funds allotted to North Country for the period were \$1,486,710. General Funds expenditures were \$1,130,358, resulting in an UNDER expenditure of \$356,352.

Over budget expenditures in self-determination and autism are being reviewed. Mr. Marcus indicated there were no cash flow concerns at this time.

Mr. Ginop asked members if there were any questions about the financial reports. Hearing none, Mr. Ginop directed the reports be placed on file for audit.

ACTION ITEM(S) WITHOUT COMMITTEE REVIEW:

There were no action items without review.

PRESENTATION: Wellness Committee

Ms. Gebhard presented on behalf of the Wellness Committee. A new mission and vision for this committee was updated to "We believe our employees represent our most important resource. Our mission is to foster a worksite culture that supports fellow colleagues' desire to make lifestyle choices that improve overall wellbeing." The committee has also developed a new logo and tagline, "Your Wellness is our Wellbeing". The 2019 goals include creating a system to support employees physical, mental and emotional health, foster a sense of community and team within and between departments, and to create an overall culture of wellbeing within our organization. These were developed directly from last year's Staff Survey. The wellness committee has endorsed the 5M Model of workplace wellness, written by Karen Noble. These

include Mindfulness, Meaning, Mentoring, Motivation, and Movement. Ms. Gebhard gave an overview of each.

Ms. Gebhard passed out the calendar showing the events planned for each month. There is a different theme for each month of the year. The most recent Employee Spotlight was also distributed to board members. The current activity is a walk to Maui; collectively staff have walked to Nebraska! Board requested copies of the spotlight be sent to them as well.

CHIEF EXECUTIVE OFFICER'S REPORT/COMMUNICATIONS

Ms. Gebhard referred to a few items from her written report:

- Several proposed House and Senate bills would allow the distribution and carry of naloxone for Opioid overdose; our recent policy update aligns with this. Senate bills 362 and 363 would update Medicaid work requirements to stop clients from losing Medicaid due to bureaucratic red-tape.
- New federal legislation to expand telemedicine which would allow prescribing of controlled substances.
- FY '20 budget has not yet been approved. The State Budget Office released a supplemental for the FY19 budget includes \$49.8M for behavioral health. It will likely not be moved on until the FY 20 budget is decided.
- Ms. Gebhard is meeting with county prosecutors and judges regarding a Memorandum
 of Understanding (MOU) developed by the CMH association, State Court Administrative
 Office and the Michigan Prosecutors Association. The MOU is aimed at reducing the
 number of individuals sent to forensic center for competency.
- Participated in a conference call with MDHHS BHDDA leadership to provide input on "opportunities to improve behavioral health in Michigan."

CORRESPONDENCE, ARTICLES, AND INFORMATIONAL ITEMS

Ms. Gebhard shared several items of correspondence, including:

- MDHHS press release dated July 30 recommending an 84-bed facility in Caro. The
 recommendation suggests shifting the remaining 61 beds to existing state hospitals and
 pursing additional resources in community-based services to care for more than 55
 additional high-acuity individuals. It is unclear what these might be!
- MDHHS press release dated July 26 detailing the makeup of the PIHP Region 3 board.
 The proposed Board is a violation of the Mental Health Code and is being challenged on several fronts.
- The Michigan Association of Counties (MAC) August 2 letter to MDHHS opposes the proposed LRE Board and encourages the state to allow the Beacon-LRE partnership to move forward.
- . LRE announced on Monday that they've filed an injunction on the contract cancelation.
- Ms. Gebhard will send the Board a document prepared by the LRE that responds to the FAQs provided by MDHHS to the legislature.

Section 928 resolution to remove the local match drawdown – there are now 20 counties that have passed resolutions.

QUALITY IMPROVEMENT UPDATE

Ms. Amy Christie gave an update. She pointed out the semi-annual health services record review was conducted during May 2019. The total sample size was 144 charts from 13 health services providers. This review found that one of the five elements met the 95% threshold, that being AIMS completed at 100%. Three elements fell below the threshold and will be reviewed for a performance improvement plan, these being med consents at 93.9%, labs at 91.2%, and current health assessments at 86.3%. An additional element that was added in May 2019 was percent of nursing appointments kept, which was 100%. This element will continue to be scored for future trend data review.

NORTHERN MICHIGAN REGIONAL ENTITY

The draft minutes of July 24, 2019 Northern Michigan Regional Entity board meeting were shared. New Board Member Mr. Christian Marcus was introduced.

OLD BUSINESS

There was no old business brought before the board.

NEW BUSINESS

Michigan Council for Arts and Cultural Affairs – A mini grant for \$4,000 was submitted which will support Art Speaks and Photovoice. The grant requires a match and staff time will be used to fulfill this.

Open Meetings Act – Ms. Gebhard and Ms. Manary attended a presentation by Attorney General Dana Nessel, on the Open Meetings Act and Freedom of Information Act. Ms. Manary prepared a summary of key elements of OMA for the board. Ms. Gebhard remarked that committees make recommendations only (and, thus, is not subject to the OMA) while the board of directors makes decisions.

BOARD & STAFF COMMENTS - None

ADJOURNMENT

There being no further business to come before the board, the meeting was adjourned at 5:30 p.m. by Board Chair, Ed Ginop.

Edward Ginon Board Chair