



North Country Community Mental Health's Response to COVID-19

Updated March 31, 2020

NCCMH Offices are Closed; Services are Being Continued

To protect the people we serve, our staff, and our communities from the spread of the coronavirus (COVID-19) and to comply with the Governor's Stay Home Executive Order (2020-21), NCCMH offices will remain closed until April 13 or as extended through a subsequent Executive Order. **Although our offices are closed, we are continuing to schedule and provide services by telephone or videoconferencing and, when clinically or medically necessary, with a face-to-face visit.** You may continue to reach our staff by calling the local county office.

- Individuals needing to access behavioral health services should call the **Access Center** 1-877-470-7130 to schedule an intake appointment. Initial assessments are being conducted by telephone.
- Individuals experiencing increased stress, anxiety or depressions may call the **Warm Help Line** at 1-877-470-7130 Monday – Friday 8:30 am – 5:00 PM.
- Individuals experiencing a mental health crisis should call the **Crisis Help Line** at 1-877-470-4668.

Clubhouses and Day Program Centers are Closed

In compliance with the Governor's Executive Order (2020-07) of the Governor and in effective from Monday, March 16 through April 13 or through a subsequent Executive Order, the following service centers will be closed: Petoskey Club, New Horizons Clubhouse Clubhouses, Gaylord Alpine Workshop, North Country Enrichment Center, and our contracted day program providers—Bergmann Center, Crossroads, Straits Area Services, and GTI. Staff will be reaching out to members and will continue to provide support by telephone and other means to assist clients with their unique needs.

Direct Care Trainings Canceled

All NCCMH in-person trainings are canceled through April and will be rescheduled when it is safe to do so.

If you have symptoms...

If you have symptoms of respiratory infection, such as fever, cough, shortness of breath, sore throat, or have had contact in the past 14 days with a confirmed diagnosis of COVID-19, please call your health care provider to make the best decisions for yourself and your family, and call us for your mental health support. If you do not have a health care provider, please call your local health department or emergency department for guidance.

Important Numbers for Current Information

State of Michigan COVID-19 Hotline	888-533-6136	https://www.michigan.gov/Coronavirus
Health Dept of Northwest Michigan	800-386-5959	http://www.nwhealth.org/covid19.html
McLaren COVID-19 Hotline	231-487-5550	
Munson Healthcare COVID-19 Hotline	231-935-0951	